

LIST of EVENTS * MEN & BOYS**MEN & U23 MEN**

Sl.No.	EVENTS	Abbreviations	Specification
1	100 Metres	100m	
2	200 Metres	200m	
3	400 Metres	400m	
4	800 Metres	800m	
5	1500 Metres	1500m	
6	5000 Metres	5000m	
7	10,000 Metres	10,000m	
8	110 Metres Hurdles	110mH	1.067m
9	400 Metres Hurdles	400mH	0.914m
10	3000 Metres Steeplechase	3000mSC	0.914m
11	High Jump	HJ	
12	Pole Vault	PV	
13	Long Jump	LJ	
14	Triple Jump	TJ	
15	Shot Put	SP	7.260kg
16	Discus Throw	DT	2.000kg
17	Hammer Throw	HT	7.260kg
18	Javelin Throw	JT	800g
19	4 x 100 Metres Relay	4 x 100mR	
20	4 x 400 Metres Relay	4 x 400mR	
21	4 x 400 Metres Mixed Relay	4 x 400mMR	
22	Decathlon (Two Days)	Dec	10 events
23	20,000 Metres Race Walk (Track)	20,000mRW	20,000m

LIST of EVENTS * WOMEN & GIRLS**WOMEN & U 23WOMEN**

Sl.No.	EVENTS	Abbreviations	Specification
1	100 Metres	100m	
2	200 Metres	200m	
3	400 Metres	400m	
4	800 Metres	800m	
5	1500 Metres	1500m	
6	5000 Metres	5000m	
7	10,000 Metres	10,000m	
8	100 Metres Hurdles	100mH	0.838m.
9	400 Metres Hurdles	400mH	0.762m.
10	3000 Metres Steeplechase	3000mSC	0.762m.
11	High Jump	HJ	
12	Pole Vault	PV	
13	Long Jump	LJ	
14	Triple Jump	TJ	
15	Shot Put	SP	4.000kg
16	Discus Throw	DT	1.000kg
17	Hammer Throw	HT	4.000kg
18	Javelin Throw	JT	600g
19	4 x 100 Metres Relay	4 x 100mR	
20	4 x 400 Metres Relay	4 x 400mR	
21	4 x 400 Metres Mixed Relay	4 x 400mMR	
22	Heptathlon (Two days)	Hep	7 Events
23	20,000 Metres Race Walk (track)	20,000mRW	20,000m